

# Cybersecurity and Ransomware

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Virtual Mid Winter Conference**



# Introductions

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# Agenda

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The State of Ransomware Today

Anatomy of a Ransomware Infection

Protecting from Ransomware – The Human Element

Protecting from Ransomware – Working with IT

Protecting from Ransomware – Working with your Vendors & Service Providers

Resources

# State of Ransomware

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The current scope and impact

# Ransomware – A Brief Description

Ransomware is a type of malicious software. Once activated, it prevents users from accessing their *system* or *files* until the attacker is paid a ransom.

# Ransomware: The Most Common Cybercrime

Ransomware has been around since 2013

It has mutated hundreds of times and there are currently hundreds of active variants

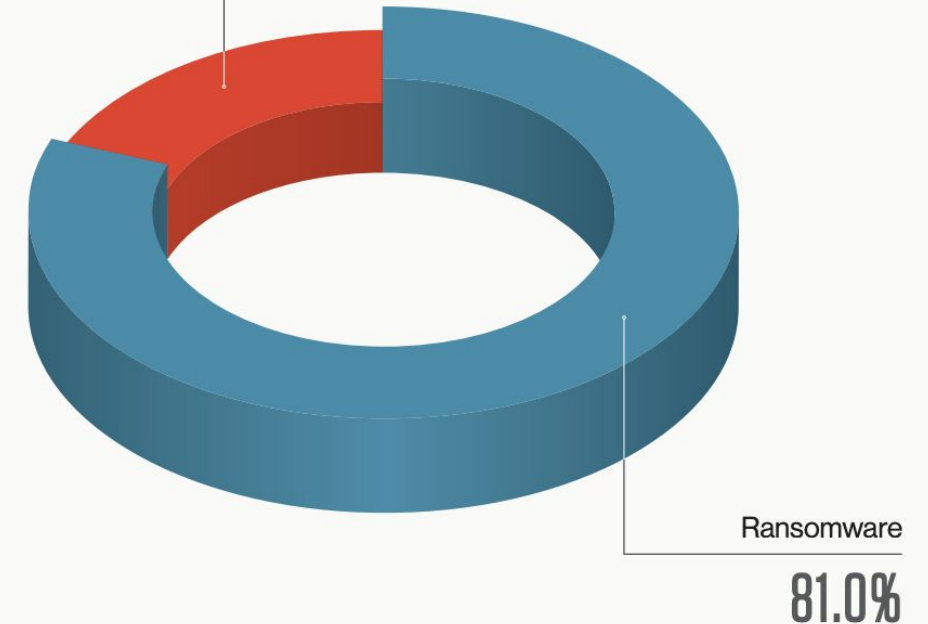
While early attacks focused on individuals, the trend is towards larger ransoms and on vulnerable networks and organizations

New “Ransomware-as-a-Service” makes it very easy to get into the ransomware business.

## 2020 eCrime Attacks

Other eCrime

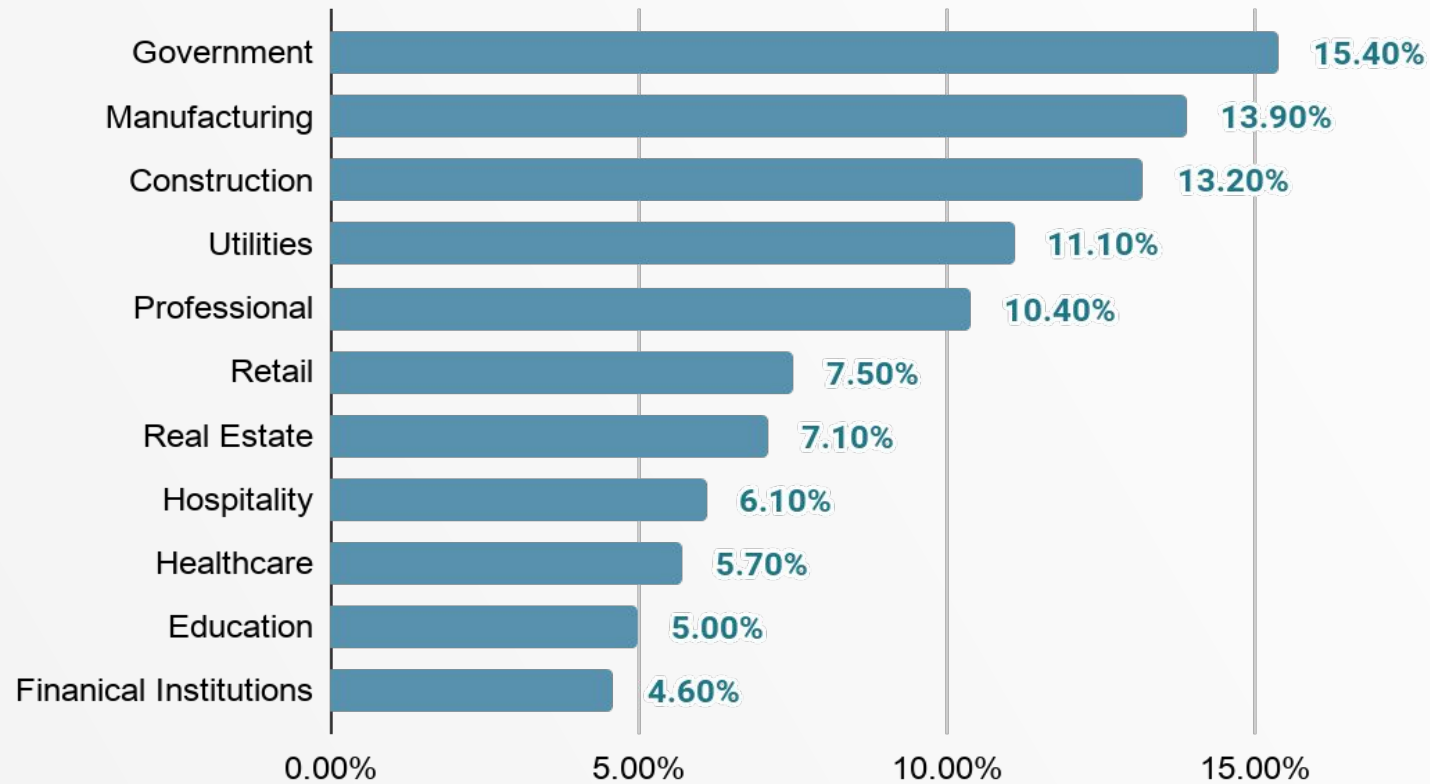
19.0%



Source: CrowdStrike, 2021

# State and Local Governments are Prime Targets

## Successful Attacks By Industry



# Ransomware Attack Success Indicators

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1. Ease of attack and entry

*Unsophisticated network and workstation defenses, primarily due to IT investment relative to risk*

2. Perceived cost to recover

*Data or systems that are difficult to restore, particularly if the backup window is insufficient*

3. Motivation to Recover

*Highly motivated victim who wants to “just make the problem go away”*

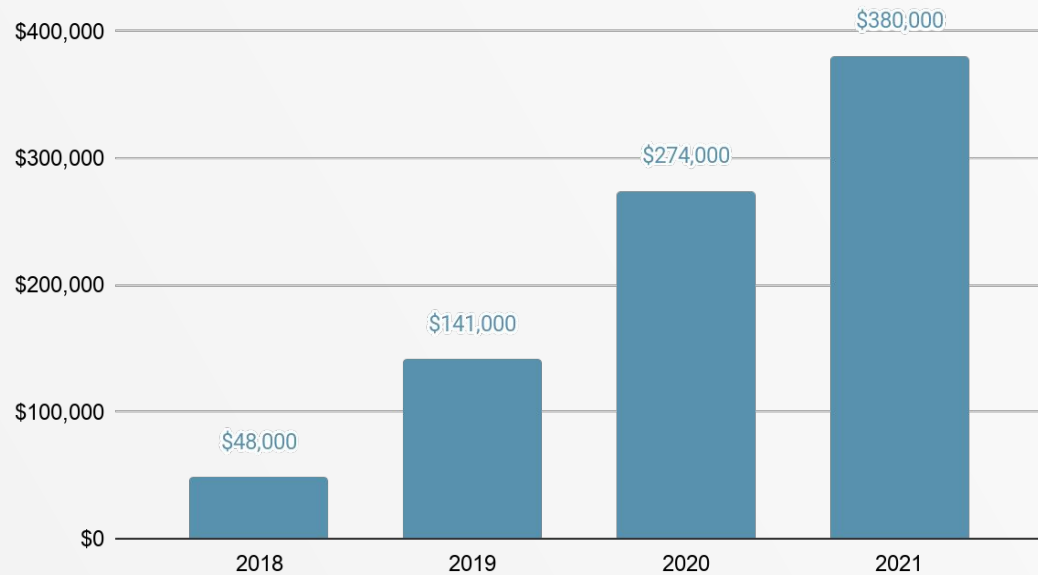
4. Critical systems or data

*Cost to have data or system unavailable is very high for the victim*

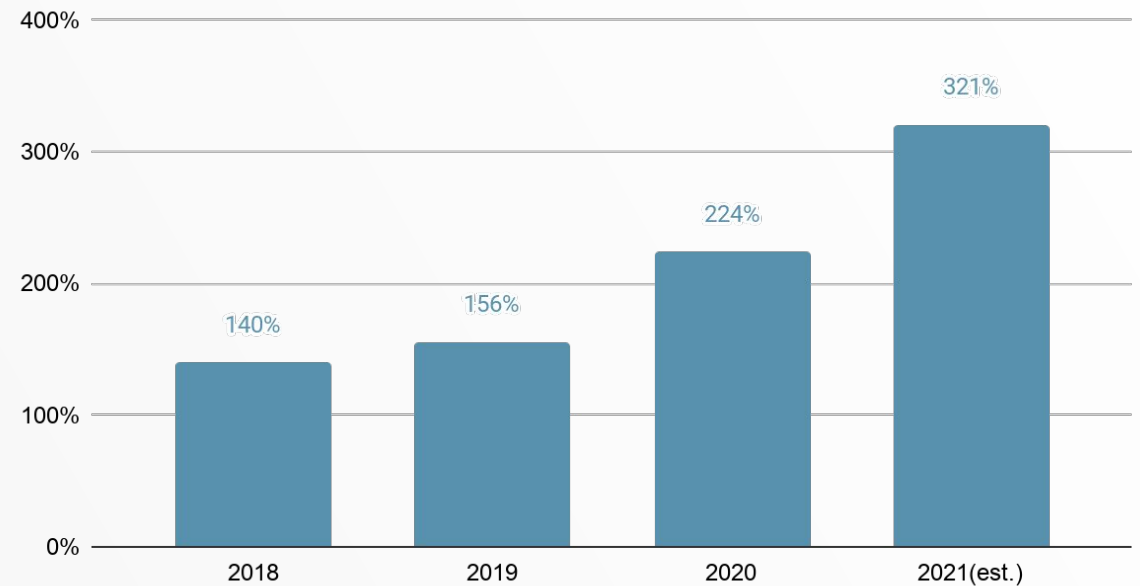


# Accelerating Growth in Attacks and Costs

## Average Cost Per Incident



## Annual Successful Attack YoY Growth Rate



Attack trend is a shift from individuals to institutions as the primary target set  
The question: "Why, after 7 years of attacks is this still a problem?"

# **Ransomware Preparation – The Myth**

Question: “We run the latest virus scanning software and our systems are backed up regularly, so we should be safe, right?”

Answer: “I wouldn’t count on it”

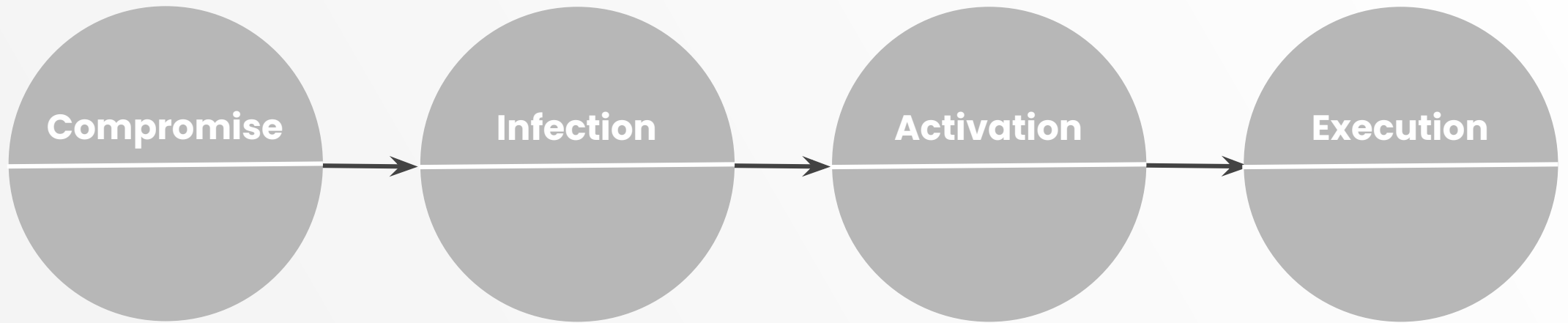
Next question: “Well why not, and what can we do?”

# Anatomy of an attack

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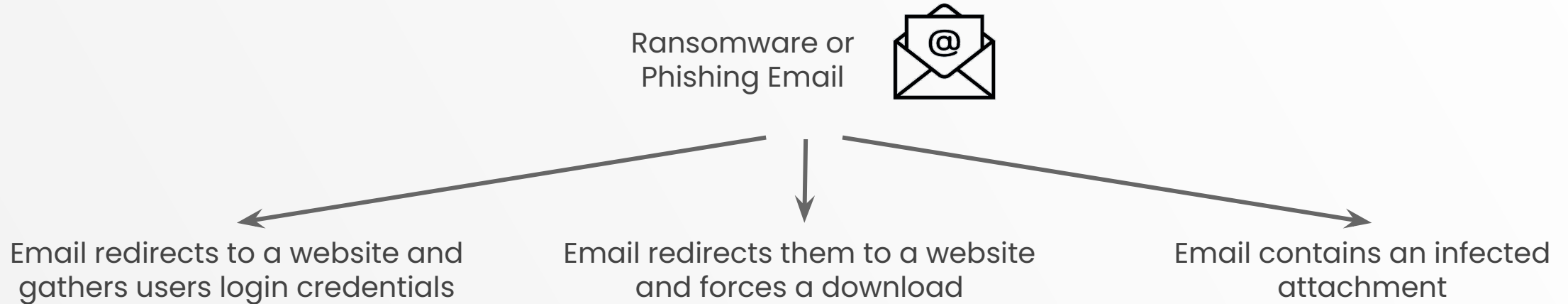
Vulnerabilities, Infection and Recovery

# Anatomy of an Attack – The Four Phases



# Compromise – The Human Element

*Over 90% of all infections involve a human exploitation, typically due to lax controls or unwitting employees*



Other compromise vectors typically exploit system vulnerabilities that are shared within the Ransomware community (e.g. out-of-date software)

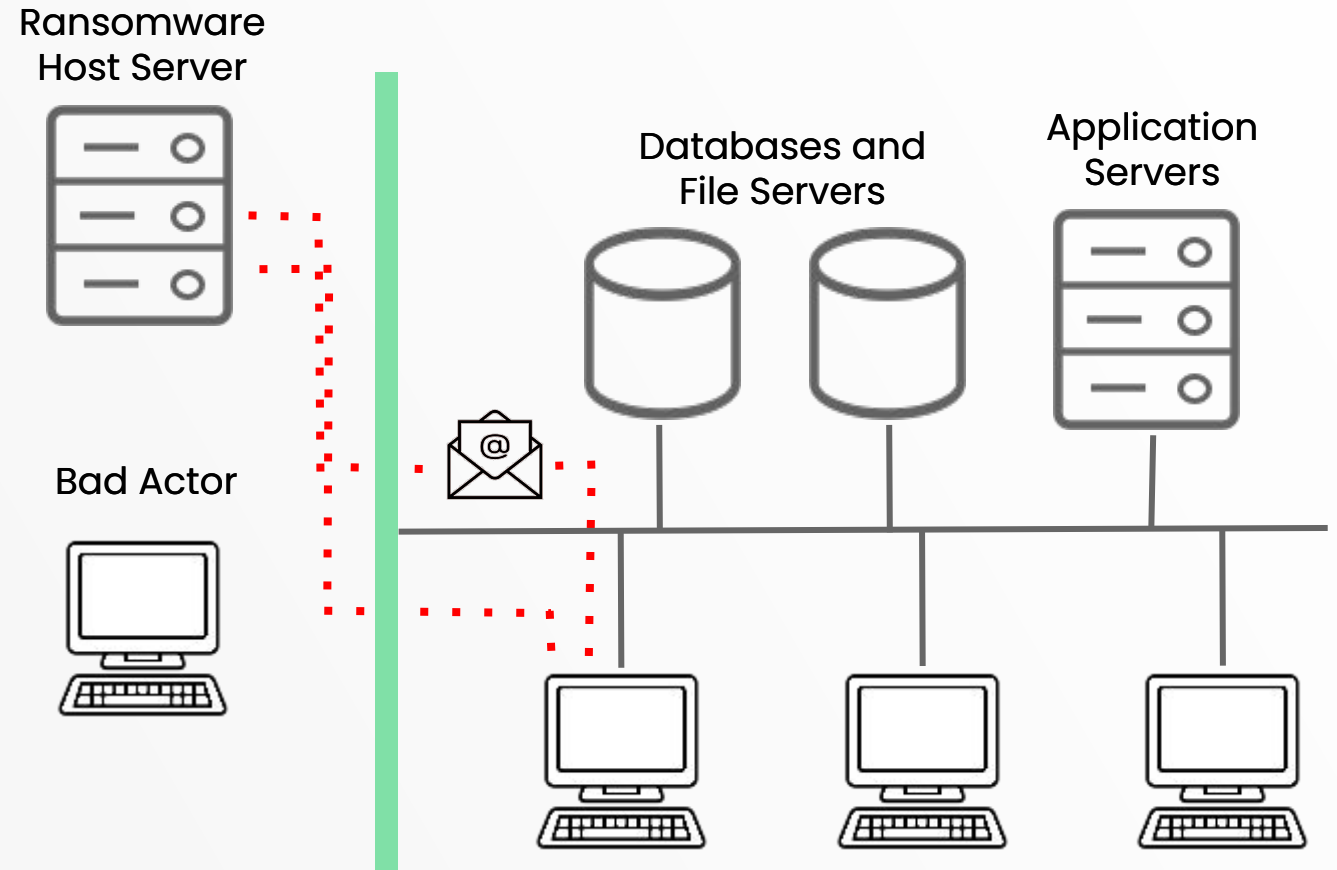
# Infection

*An infection occurs when the ransomware is installed on the target network or workstation. This “opens the door”.*



# Infection Flow

1. Bot sends spam email with attachment(e.g. MS Word doc)
2. User receives the email and opens the attachment
3. A macro in the Word doc runs which goes back out to the ransomware host and downloads the ransomware
4. It is now installed and the network or workstation is now infected



# Virus Scanning and Web Filtering

1. **Spam filter** should stop the email
2. **Email virus scan** should flag the attachment and quarantine
3. **Workstation and server virus scanning** should flag the attachment file once saved
4. **Web filter** should block the Ransomware download

**75% of organizations infected by ransomware were running up-to-date virus Protection**

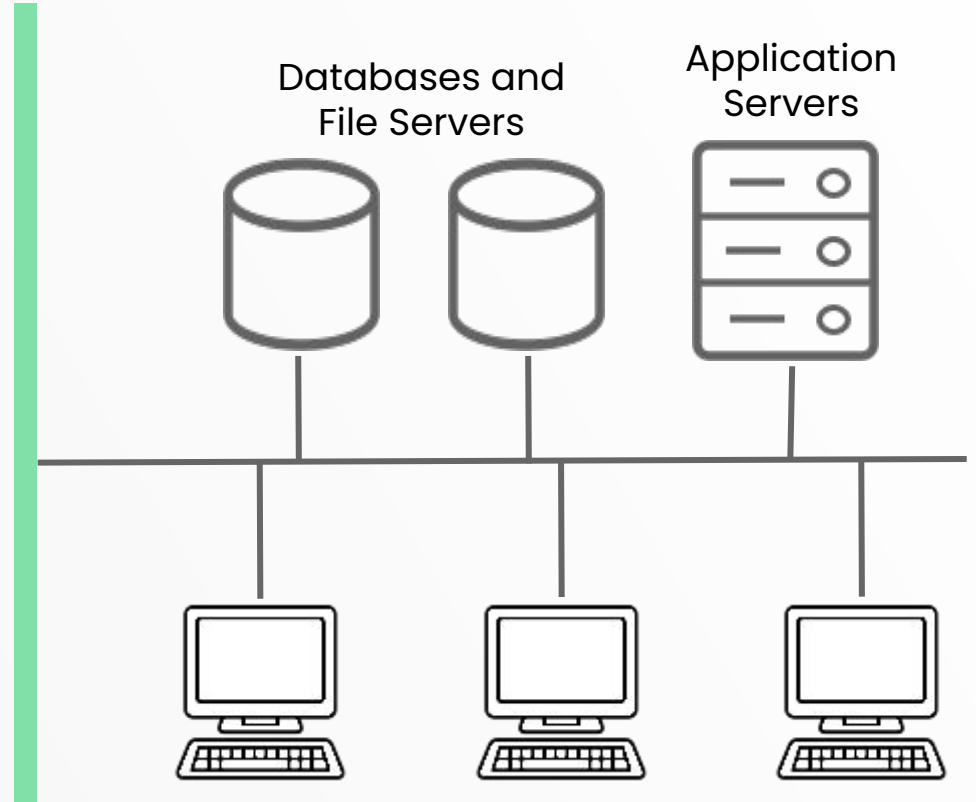
Ransomware Host Server



Bad Actor




Firewall





# The Systems Security Cycle

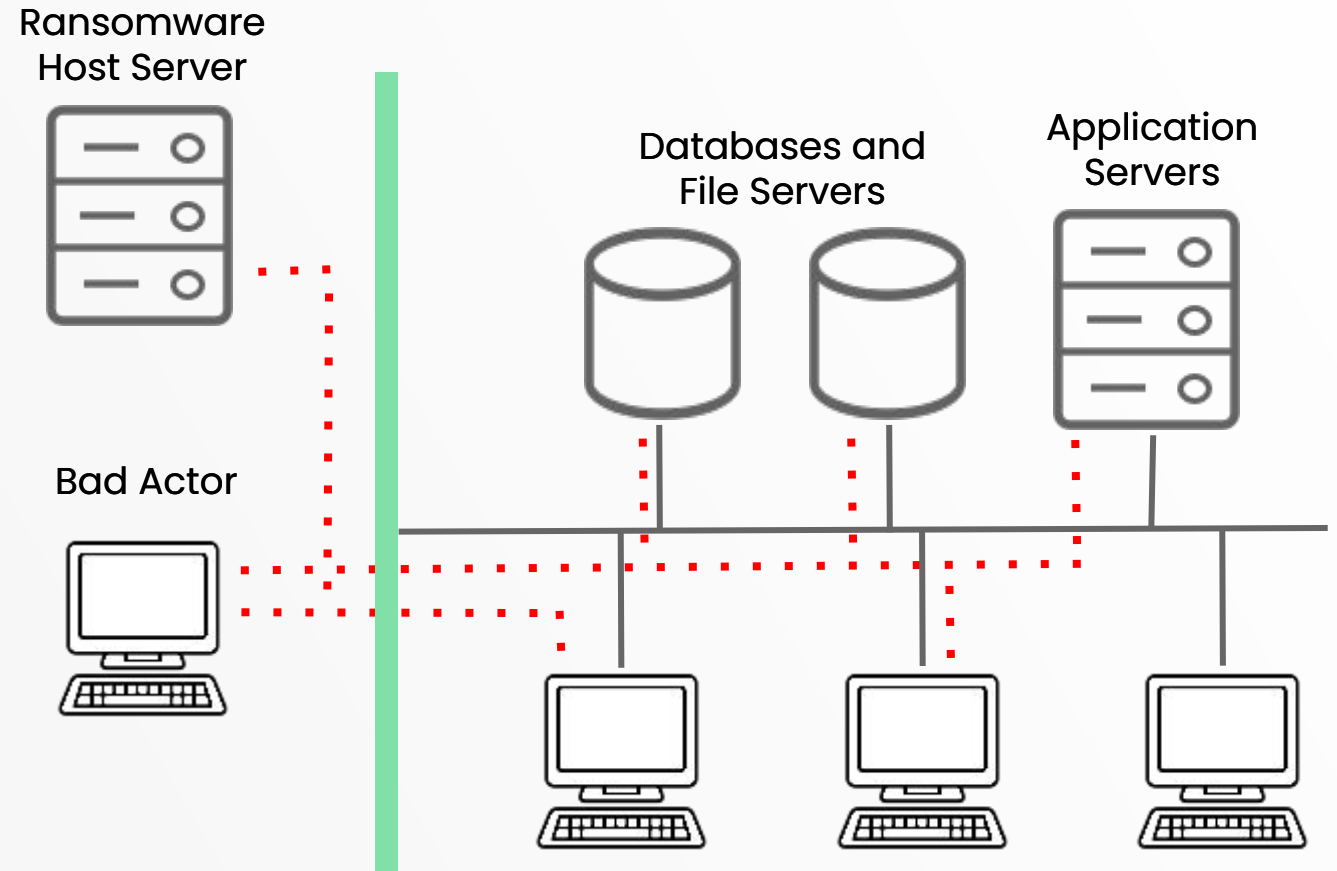
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1. Virus, Systems, or Application vendor identifies a new variant or security risk
  2. Vendor analyzes and develops a way to identify and block, or patch risk
  3. Vendor packages, tests and distributes the update
  4. IT patches or updates infrastructure
  5. Bad actor realizes attacks are no longer working
  6. Bad actor creates a new variant or adapts the process
  7. Return to step 1

**This cycle is the window of opportunity for the bad actors**

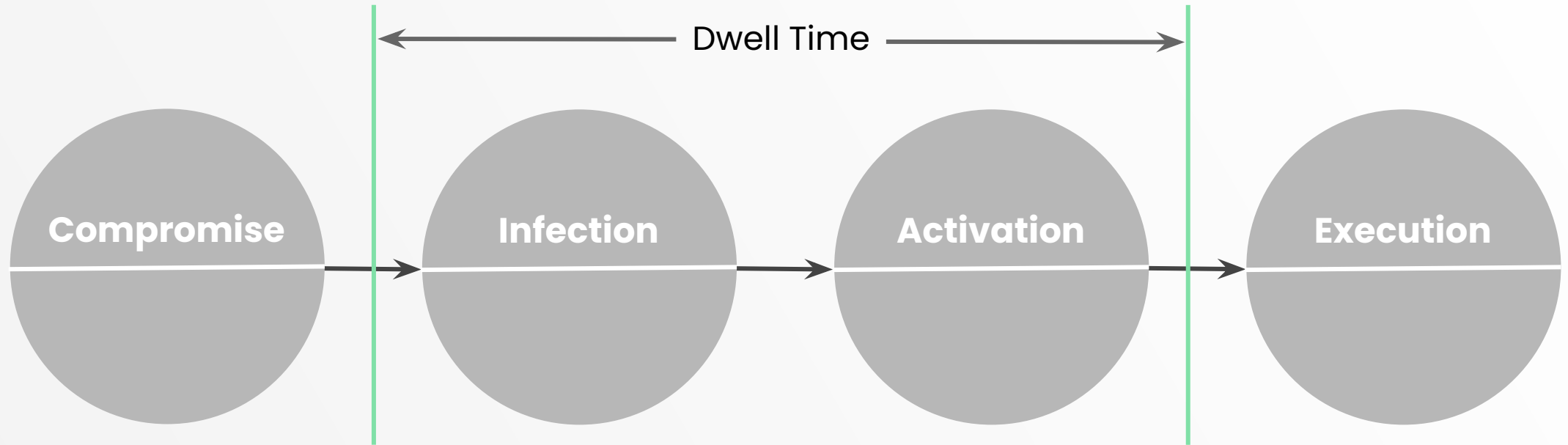
**This cycle can't be eliminated so the focus is on making it shorter**

# Activation

1. Ransomware is installed during the Infection stage
2. The ransomware grants the bad actor remote access to the network (Activation)
3. Bad actor can then analyze data and backup procedures, install rogue software, etc. and plan the execution
4. Will install ransomware in as many data stores and systems as possible



# Activation And Dwell Time



*Dwell Time* is the amount of time a bad actor remains undetected inside your network

The average Dwell Time during reported successful ransomware attacks in 2020 was **43 days**

# Backing Up and Restoring Data

**Plan:** What is going to be backed up and why

**Schedule:** How often will backups be made

**Store:** Where will backups be kept and how quickly can they be restored

**Copy:** How many copies and in what locations

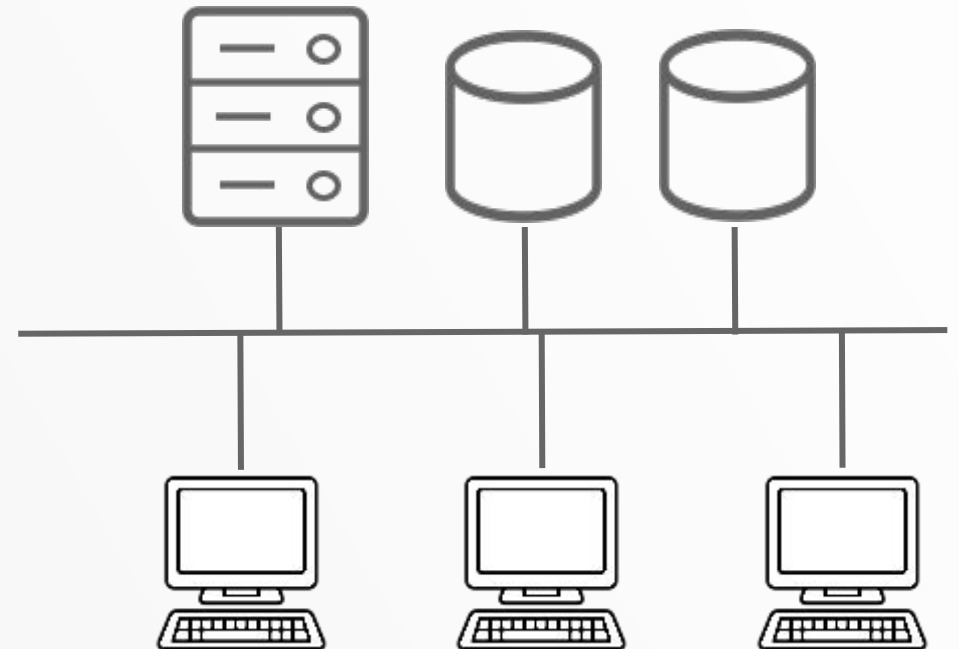
**Retain:** How long are backups kept

**Test:** Test restoring from backups including recovery window

**Recovery Window:** Time between outage and last backup

**A clean backup is the only way to restore a system and avoid paying the ransom**

- Backup every night and every weekend.
- Copy the weekend backup and send offsite
- Keep one month's worth of data

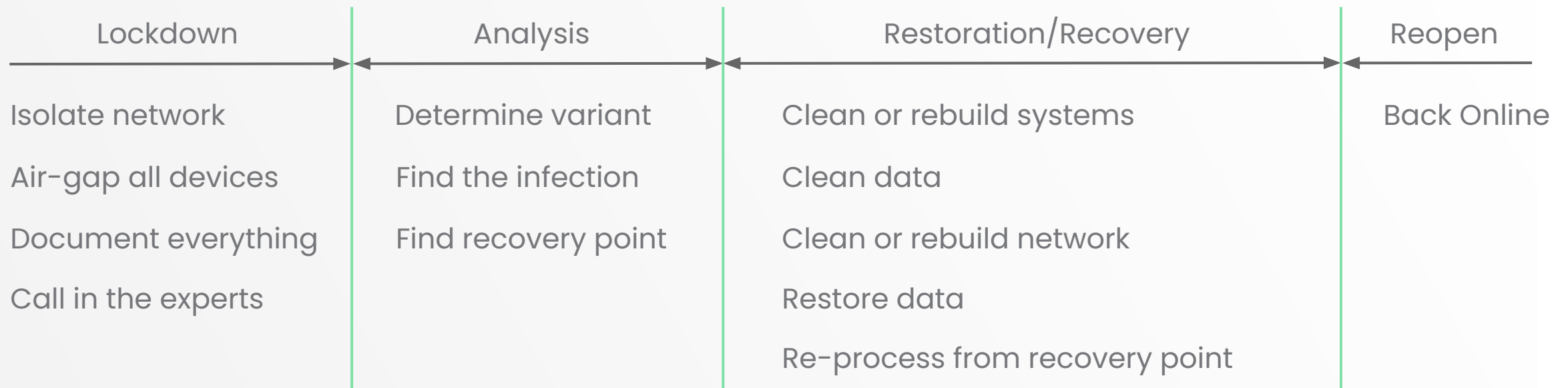


# Execution – Sign Of A Bad Day



# Execution – This is where it gets painful

Costs \$\$ – The axiom “Time is Money” is very appropriate



**This process is the real cost, not the ransom**

**Even if the ransom is paid, the infection must be removed. Otherwise...round two?**

## **Some Notable Incidents and Costs**

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City of Baltimore 2019– \$18 million

City of Atlanta 2018 – \$17 million

Over 23 Texas Municipalities in 2019 – \$13 million

7 Florida Municipalities in 2019 – Over \$9 million

City of New Orleans in 2019 – \$3 million

# Summary Thus Far

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1. The vast majority of attacks are the result of human exploitation
2. Bad actors target smaller organizations with limited IT resources (money and people)
3. Keeping infrastructure current (software versions, etc.) does not guarantee security
4. Bad actors exploit the **Systems Security Cycle** – it's a cat and mouse game
5. Data backups need to ensure data isolation and long recovery windows

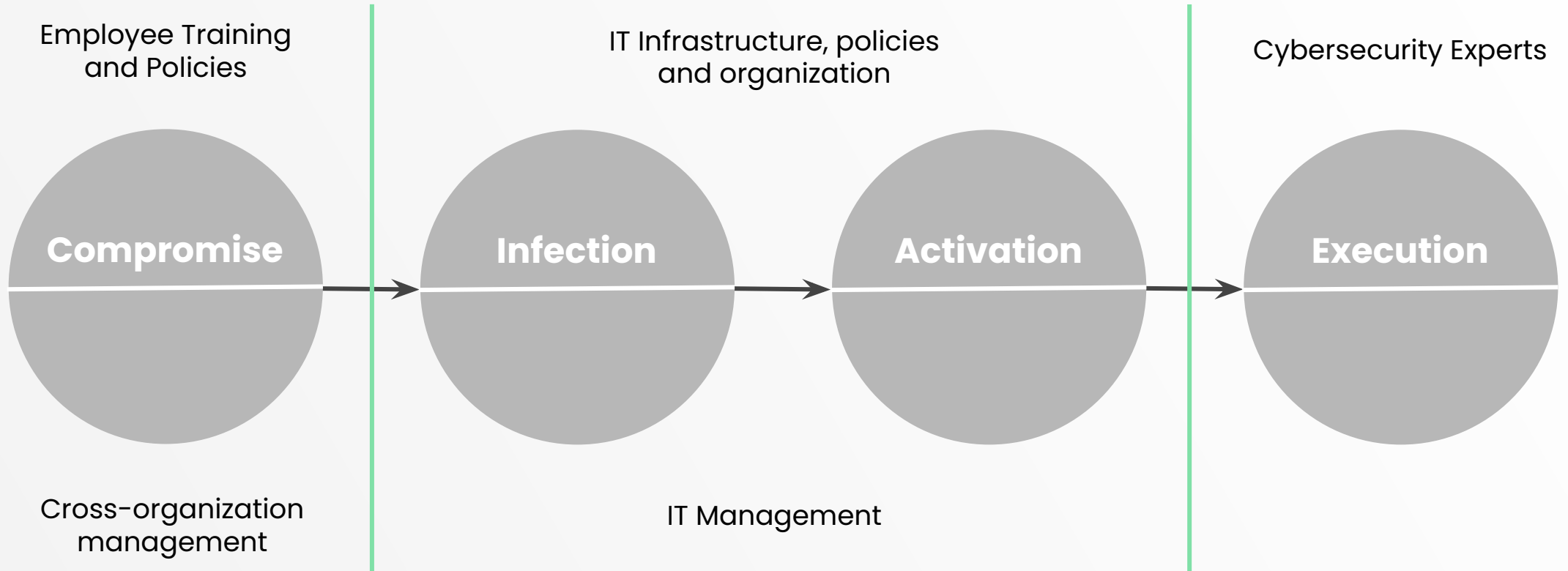


# What You Can Do

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Strategies for minimizing risk and optimizing recovery

# Anatomy of an Attack



# Primary Points of Control and Impact

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The Human Element – Employees, Contractors and Vendors

Systems and Network Security and keeping Systems Current

Data – Limiting Exposure and Ensuring Clean Data

# 1. An Employee Awareness & Testing Program

## Build Employee Awareness – Security Training

Understanding vulnerabilities and how they are exploited

Security best practices (passwords, data access, etc.)

Common threats and bad actor patterns

Recognizing threats and suspicious activities

Device exposures (laptop, phones, etc.)

## Test and Track Security Practices and Compliance

Formal compliance testing and adherence

Systems to ensure compliance (e.g. passwords)

Blind testing to track training effectiveness (test emails)

**An Awareness Program is fast and efficient protection**

## Forrester – Security Awareness & Training



## 2. Working with Internal IT – Data Backups

Questions - Data Management	Desired Answers
What data is being backed up?	All data that you have determined is necessary to run you operation.
How often are the backups run?	Snapshots at least every 15 minutes and full backups nightly.
How often are the backups isolated from the network?	At least weekly, preferably nightly.
What is our “Time To Recovery” (TTR)?	At least four hours.
How often do we verify and test our backup and restore procedures?	At least one a year, preferably twice a year and with different outage scenarios.
Do we have a copy of our critical data in a format that we can load or access in a different system?	Yes, we ensure that all critical data is exported, not just backed up. In case we need to quickly get that data available, there is a way to do so.

### 3. Working with Internal IT – Infrastructure

Questions - Virus Scanning and Infrastructure	Desired Answers
Are we using a virus scanner on our email system?	All incoming and outgoing emails are scanned for viruses or rouge URLs. All email is scanned prior to being placed in a user's inbox.
Are all of our workstations and servers scanned?	All endpoints are centrally managed which includes virus scanning.
How often are our virus scanning signatures updated?	All are updated automatically and implemented when the vendor makes a new signature file available.
Beyond virus scanning, what other threat protection software is installed?	We have web filtering through a Next Generation Firewall (NGFW) and an Intrusion Protection System (IPS).
Do we have tooling that prevents unauthorized applications from being launched?	Yes, we implement application whitelisting under our security management system, which controls what applications can be run and from where.
What process do we have to ensure our systems and applications are current, including security patches?	We monitor and escalate applying, testing and rolling out all new system updates that include security patches.
Do we have a cybersecurity insurance policy and if so, does it cover ransomware attacks?	Yes, we have insurance and it covers investigation costs, business losses, privacy notifications and extortion/ransomware

## 4. The Cloud – Leveraging Cloud Scale & Expertise

Not a Panacea! Not all clouds are created equal

<b>Public Cloud</b>	All services run in the cloud and leverage advanced cloud services (Microsoft, Amazon, Google)
<b>Private Cloud</b>	Service is private and provides limited services (software vendors hosting customer systems)
<b>Hybrid Cloud</b>	Solution runs in both on-premise and cloud (local application backed up to the cloud)

Public Cloud is the “gold standard” for security and infrastructure

As an example, Microsoft Azure spent \$1 billion in 2020 on cyber security

Public cloud vendors have the fastest cyber security remediation cycle in the industry

Highly proactive Artificial Intelligence based threat detection and analysis

Advanced storage and file management for immediate backup and long retention periods

Requires software designed to leverage the public cloud (just running there doesn't count)

# Systems and Data Security – Leverage The Cloud



## DoD Cloud Strategy

December 2018

UNCLASSIFIED

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# Working with IT and Vendors – The Cloud

Questions - Cloud Deployed Systems	Desired Answers
Are we running in a public or private cloud and whose cloud?	We run in the Public cloud, Microsoft Azure (or Google or Amazon)
If not public, what certifications and standards are supported?	All Federal security and data protection standards (e.g. FedRamp, GDPR, etc.)
Is the application that we are running in the cloud, architected and leveraging the cloud infrastructure?	The application is multi-tenant, designed for the cloud and leverages cloud replication and data management.
How are backups being performed with our cloud application?	We use the Cloud Vendors backup and data replication strategy which gives us real-time backups, geo-replication and network isolation.
Do we have access to our data and do we have copies of it outside of the vendor's cloud?	Yes, we export and download the data on a weekly basis.
Does the cloud application require us to have any data stored or managed by our on-premise network?	No, all data is managed and maintained in the cloud.
Does our vendor carry cyber insurance and does it cover our losses?	Yes, as a part of our contract with the vendor, they are obligated to carry cyber insurance and that policy covers any losses that we may incur.

# Resources

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## Information from the Internet Crime Complaint Center (IC3)

[Ransomware: What it is and what to do about it \(pdf\)](#)

[High Impact Ransomware Attacks Threaten U.S. Businesses and Organizations](#)

[Ransomware Victims Urged to Report Infections to Federal Law Enforcement](#)

## Related FBI News and Multimedia

[The National Cyber Investigative Joint Task Force Releases Ransomware Fact Sheet](#)

[Protected Voices: Ransomware](#)

[Building a Digital Defense Against Ransomware Targeting Businesses](#)

## Security Vendor Websites

[Crowdstrike](#)

[McAfee](#)

[Norton](#)

[Kaspersky](#)

# Summary

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1. The vast majority of attacks are the result of human exploitation – This can be impacted
2. Keeping infrastructure current (SW versions, etc.) does not guarantee security
3. Bad actors exploit the **Systems Security Cycle** – reduce it where you can
4. Understand your data backup strategy to ensure isolation and long recovery windows
5. It isn't enough to just run backups and virus scans. The depth of what is done is critical
6. Manage vendors very closely to ensure the above, particularly managed service providers for on-premise systems
7. Leverage the public cloud to reduce risk but review vendor/IT cloud model

# Questions & Answers

# Thank You

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